

COMPETITIVE STROKE CLINCS

THERE WILL BE FOUR COMPETITIVE CLINCS, ONE FOR EACH STROKE. EACH STROKE CLINIC WILL CONSIST OF TWO 30 MINUTE SESSIONS. THE CLINICS ARE FOR SWIMMERS WHO ARE IN THE 7-10 AGE RANGE.

Each clinic will be limited to six swimmers. The cost is \$30 per stroke clinic or \$100 for all four strokes. First come basis. There will be a second set of 4 clinics starting July 5th .

**Please sign up below- \$30 fee is due at registering (Leave check at office in envelope on wall behind desk. Checks payable to PHornsleth
The Clinics will be at 9:15- 9:45 AM**

BUTTERFLY 6/22 & 6/24

Backstroke 6/23 & 6/25

<u>1</u>	<u>1</u>
<u>2</u>	<u>2</u>
<u>3</u>	<u>3</u>
<u>4</u>	<u>4</u>
<u>5</u>	<u>5</u>
<u>6</u>	<u>6</u>

BREASTSTROKE 6/28 & 6/30

FREESTYLE 6/29 & 7/1

<u>1</u>	<u>1</u>
<u>2</u>	<u>2</u>
<u>3</u>	<u>3</u>
<u>4</u>	<u>4</u>
<u>5</u>	<u>5</u>
<u>6</u>	<u>6</u>

**PRIVATE LESSONS (FOCUSING ON STROKE TECHNIQUE) ARE ALSO AVAILABLE WEEK OF JUNE 21ST FROM 10 am -2:00 PM
Fill out a private lesson form- requesting your needs.**

Start & Turn Clinic

Saturday June 5th 10:30- 11:30

Limited to 15 swimmers- \$30

See Bulletin for further information.